



ExceedLifeChurch

Living Life Beyond Limits

WORDS OF LIFE AND HEALTH

Father, I thank You that because I diligently hearken to Your voice, and I do that which is right in Your sight, and I give ear to Your commandments and keep all Your statutes, You will allow none of the diseases upon me, which you permitted upon the Egyptians; for You are the Lord that healeth me (Ex. 15:26).

Father, I serve You, and because of that, You bless my bread and my water and take sickness away from my midst. (Ex. 23:25).

Thank You Lord that You have taken away from me all sickness and You will allow none of the evil diseases of Egypt upon me (Deut 7:15).

Father, You have called heaven & earth to record against us and You have set before us life & death, blessing & cursing: therefore I choose life, that I and my seed may live (Deut. 30:19).

Lord, I thank You that nothing failed of the good things You spoke to the house of Israel, but that all came to pass (Joshua 21:45). And praise God, we have a better covenant than they had. Praise God! The Lord is my Shepherd and I have no lack or need (Ps. 23:1).

Thank You Father, that when I cried unto You, You healed me (Ps. 30:2). And with long life You are satisfying me and showing me Your salvation. (Ps. 91:16).

I bless You Lord and all that is within me, bless Your holy name. I forget none of Your benefits: for You have forgiven all my iniquities, You have healed all my diseases, You have redeemed my life from destruction, You have crowned me with loving kindness and tender mercies, and You have filled my mouth with good things (the Word of God) so that my youth is renewed like the eagle's. Bless Your holy Name (Ps. 103:1-5).

Father, I thank You that You brought Israel out of Egypt with silver and gold, and there was not one feeble person among their tribes, and praise God, we have a better covenant than they had (Ps. 105:37 & Heb. 8:6).

Lord, I thank You that You sent Your Word and healed me & delivered me from my destructions (Ps. 107:20).

Glory to God! I shall not die, but live, and declare the works of the Lord (Ps. 118:17).

Lord, I attend to Your Words and I incline my ear to Your sayings. I let them not depart from before my eyes and I keep them in the midst of my heart. For Your Words are life to me and they are health to all my flesh. I keep my heart with all diligence for out of it are the issues (success or failure) of life (Prov. 4:20-23).

Father, Your Word says that death & life are in the power of the tongue and they that love it shall eat the fruit thereof. So Father, I speak life with my tongue and therefore I eat the fruit of life (Prov. 18:21).

Lord, I thank You that without cause, the curse cannot come upon me and I will not open the door to the curse (Prov. 26:2b).

I thank You Father that as I wait upon You my strength shall be renewed; I shall mount up with wings as eagles; I shall run and not be weary; and I shall walk & not faint. Hallelujah! (Isaiah 40:31).

Surely He (Jesus) has borne my sicknesses and carried my pain; yet I did esteem Him stricken, smitten of God and afflicted. But He was wounded for my transgressions, He was bruised for my iniquities: the chastisement of my peace was upon Him; and with His stripes I am healed (Is. 53:4-5).

Father I thank You that You have restored my health, for Jesus took my infirmities and bare my sicknesses (Jer 30:17; Mt. 8:17).

I thank You Lord that I am not weak, but I am strong in You and in the power of Your might (Joel 3:10; Eph. 6:10).

Praise God! Father I thank You that my body is full of the life and health of God. Every tissue, cell, organ, area, part and member of my body functions to the perfection to which You created it to function. My blood is healthy & normal in Jesus Name. My chemical balance is normal in Jesus Name and my bones are strong and healthy and normal in the Name of Jesus.

And Father because I do not forget Your Word and I keep Your commandments, Your Word is health (medicine) to my navel, and marrow (watering & moistening) to my bones (Prov. 3:8).

Jesus Himself took my infirmities and bare my sicknesses (Mt. 8:17). Who His own self bare my sins in His own body on the tree, that I being dead unto sins, do live unto righteousness; by whose stripes I was healed (I Peter 2:24).

Father, I thank You that because I have faith in You, I say to the mountain, be removed and be cast into the sea; and because I doubt not in my heart, but I believe those things I say, they shall come to pass and I shall have whatsoever I say. Therefore, when I pray, I believe I received them and I shall have them. (Mk. 11:22-24).

Father, I thank You that because I worship You and I do Your will, You hear me (Jn. 9:31).

Jesus said, "The thief came not but for to steal and to kill and destroy, but I came to give life and that you might have life more abundantly (Jn. 10:10). Father I thank You that I have that abundant life and that You anointed Jesus of Nazareth with the Holy Ghost and with power and He went about doing good, and healing all that were oppressed of the devil; for You were with Him (Acts 10:38).

Praise God! The law of the Spirit of life in Christ Jesus has made me free from the law of sin and death (Rom. 8:2). And the Spirit of Him that raised up Jesus from the dead dwells in me, and He that raised up Christ from the dead has also made alive my mortal body by His Spirit that dwells in me (Rom. 8:11).

Christ has redeemed me from the curse of the law and the blessings of Abraham are mine. Sickness and disease are under the curse, therefore Christ redeemed me from _____, _____ and all sickness, disease and infirmities (Ga. 3:13 & Deut. 28:61).

I thank You Father that You are at work in me both to will and to do for Your good pleasure (Phil. 2:13). And Your good pleasure for me is health, healing, wholeness, soundness, preservation (protection) and eternal life. And all the promises of God in Him (Jesus) are yes, and in Him (Jesus) amen, unto the glory of God by us (II Cor. 1:20).

Praise God, Father, You have not given me the spirit of fear, but of power, and love and of a sound mind (II Tim. 1:7). And I am holding fast the confession of my faith without wavering (for You are faithful who promised) (Heb. 10:23). And I'll not cast away my confidence, knowing that I have need of patience so that after I have done the will of God, I might receive the promise (Heb. 10:35-36).

Thank You Father that You are the Lord my God and You change not and that Jesus Christ is the same yesterday, today, and forever (Mal. 3:6 & Heb 13:8).

The weapons of my warfare are not carnal, (natural, fleshly), but mighty through God to the pulling down of strongholds; and I cast down imaginations, and every high thing that exalts itself against the knowledge of God, and bring into captivity every thought to the obedience of Christ (II Cor. 10:4-5).

Praise God, because my heart does not condemn me, I have confidence toward God. And because I have confidence toward God, I know that whatsoever I ask, I receive of Him, because I keep His commandments and do those things that are pleasing in His sight. (I Jn. 3:21-22).

Father, I am blessed because I bring all my tithes and offerings into the storehouse (my local church). I do not rob You of Your tithes & offerings and You open for me the windows of heaven and pour me out a blessing that I do not have room enough to receive. (Mal. 3:8-11).

And praise God this is the confidence that I have in You, that if I ask anything according to Your will, You hear me; and if I know You hear me whatsoever I ask, I know that I have the petitions that I desired of You (I Jn. 5:14,15).

Father, I thank You that Your Word says “Beloved, I wish above all things that you may prosper and be in health even as your soul (mind) prospers (III Jn. 2). Well Father my soul (mind) is prospering because I am renewing it day by day with the Word of God. Therefore, I am prospering in every area of my life – spirit, soul & body.

Praise God! I have overcome the devil by the blood of the Lamb and by the word of my testimony (Rev. 12:11). And my testimony is that by the stripes of Jesus Christ I am healed (I Pet. 2:24).

According to Deut. 28: all sickness and all disease is a curse of the law, but praise God, according to Ga. 3:13 Christ has redeemed me from the curse of the law. Therefore I have no _____, nor _____ nor infirmities because Christ has redeemed me from them.

Father I love You, the Lord my God, with all my heart, with all my soul and with all my mind. And I love my neighbor as myself. And on these 2 commandments hang all the law (Word of God) and the prophets. The Word of God is working effectively for me and in me because I obey these 2 commandments (Mt. 22:37-40).

Note: If you have trouble speaking all the above good things about yourself, remember that you are confessing what God said about you. By not saying what the circumstances say, or what the doctor’s report said, or what the devil said, you are, instead, agreeing with what God said about you.

God is not a liar. Therefore, as you continue speaking in faith what God has already declared in His Word about you and your situation, you are not lying. God said “let every man be a liar and God be true” (Rom. 3:4).

I recommend making these confessions daily and meditating upon them until they become a part of you.

Exceed Life Church
P.O. BOX 62424
Virginia Beach, VA. 23466
(757) 47-FAITH (473-2484)

Senior Pastor David Lambert
www.exceedlifechurch.org